

Millet-Corn Porridge

Ingredients

- 1/2 cup dry millet, washed
- 1/2 cup yellow corn, cut from the cob
- 2 cups of water
- 1/4 teaspoon sea salt

Preparation

Bring the water to a boil. Add millet, salt and corn. Cover and reduce to low. Simmer for 20-30 minutes. When done, mix until creamy.

Serve with a small portion of condiment such as Scallion-Oily Miso.