

## **Grated Daikon and Red Apple Condiment**

1/2 cup grated daikon radish, coarsely grated

½ tart red apple (gala, Macintosh, etc.), coarsely grated

½ -1 teaspoon lemon juice

1. Mix all the ingredients together in a bowl.
2. Serve ¼ cup with fish, fried food or mochi.

*Optional: Add thinly shaved celery bits or finely minced parsley.*

# Macrobiotics