

## Red Radishes & Lettuce Pressed Salad

### Ingredients

- 2 bunches red radishes, sliced into rounds
- Save the radish greens if possible and use in this pressed salad
- 2 small heads organic iceberg lettuce (or use some other organic lettuce)
- 2 Tablespoons umeboshi vinegar (or more or less to suit your taste)

### Preparation

Chop lettuce and place in a bowl with sliced radishes and chopped radish greens.

Mix together with the umeboshi vinegar. Place in a salad press, tighten lid, and allow to sit for 1 hour.