

## Lemony Apple Pudding

### Ingredients

- 3 C. organic apple sauce
- 4 TBLSP. kuzu
- 3 cups organic apple juice
- 1/2 tsp. grated organic lemon rind
- 2 tsp. vanilla extract

### Preparation

Bring the apple sauce to a boil with 2 1/2 cups apple juice and the salt. Be careful: boiling thick apple sauce can suddenly spit out of the pot and burn! Dissolve kuzu in the remaining 1/2 cup apple juice. Carefully whisk it into the bubbling apple sauce. Cook until kuzu turns clear. Add lemon rind and vanilla. Cook 2-3 minutes longer. Serve in individual cups with a garnish of currants and chopped roasted almonds.