

## Cool Bancha Tea with Lemon and Mint

### Ingredients

- 4 cups of water
- 1 Tablespoon kukicha twigs
- juice of 1 lemon
- A few sprigs of fresh mint

### Preparation

Bring water and twigs to a boil. Reduce and simmer for 20 minutes. Add juice of one lemon plus the lemon rind plus mint. When tea is no longer steaming, it can be refrigerated until cool.